

CORPORATE WELLNESS PROGRAM

Health promotion in the workplace is an investment in your most important asset:

your employees

Productive enhanced culture

Business outcomes include lower absenteeism, higher job satisfaction and work productivity, higher employee retention, and lower health care costs which are all highly attractive to employers and their teams.

Healthier and happier employees

The health outcomes of corporate wellness programs are plentiful, including smoking cessation, weight loss and obesity prevention, diabetes, blood pressure, and cholesterol management,

HEALTHY EMPLOYEES ARE LIKELY TO BE 3 TIMES MORE PRODUCTIVE THAN THEIR UNHEALTHY COLLEAGUES.



Member Benefits

- Priority booking-first available appointments wherever possible
- Pre-Employment Medicals
- Executive Health checks
- Workers Compensation and rehabilitation
- Flu vaccinations
- Travel vaccinations and advice
- Exclusive invitations to healthcare educational sessions
- Spirometry
- Audiology
- ECG
- Pathology services
- Consulting specialists
- Discounted services at Coast Sport - Physiotherapy, Podiatry, Nutrition, Massage, Yoga, Pilates
- Access to valuable healthcare information and resources

Our doctors at Mariners Medical are true locals with over 30 years of experience on the Central Coast and are supported by highly qualified registered nurses. At Mariners Medical our doctors pride themselves on excellent care and support for your valued and prospective employees.

'high quality health care'

Discover your businesses potential today with a healthy, productive and engaged workforce.
Call today to schedule an appointment for our representative to visit you soon.